

**Title:** Year Round Courage  
**Subtitle:** Finding Calm Amid the Chaos  
**Text:** Matthew 8:23-27  
**Date:** January 9, 2022  
**Subject Matter:** Anxiety. Courage. Faith.

1. Remember \_\_\_\_\_ (v.27)

2. See \_\_\_\_\_ (vv.24-26)

3. Courageously \_\_\_\_\_ (v.23)

## Matthew 8

**23** And when he got into the boat, his disciples followed him. **24** And behold, there arose a great storm on the sea, so that the boat was being swamped by the waves; but he was asleep. **25** And they went and woke him, saying, "Save us, Lord; we are perishing." **26** And he said to them, "Why are you afraid, O you of little faith?" Then he rose and rebuked the winds and the sea, and there was a great calm. **27** And the men marveled, saying, "What sort of man is this, that even winds and sea obey him?"

## APPLICATION QUESTIONS

1. Read **Psalm 23:4**. Why do you think it is such a challenge for Christians to be fearless in the face of adversity, even when they know better?
2. Read **Deuteronomy 28:65-66**. Skim the context of this terrible text and consider the reason this was prophesied to be in Israel's future. In what ways do we rationalize certain anxieties as appropriate and reasonable even when the cause might have to do with our relationship with God?
3. Read **Psalm 91:1-6**. How would you evaluate your confident trust in God during these turbulent and frustrating times? What can you do to seek to be more assured of God's good plans in the midst of your life?
4. Read **Colossians 1:15-20**. Here Christ is said to be the "firstborn" (Gk., *prototokos*), or the preeminent one, who is the rightful Heir of all things. How can a higher view of Jesus' power and preeminence help Christians battle fear?
5. Read **Matthew 6:25-34**. What can you do this week to keep your focus centered more profoundly and more frequently on following Christ's kingdom priorities?