

Title: A New Year's Attitude

Subtitle: Focused Thinking

Text: Philippians 4:8

Date: December 30, 2018

Subject Matter: Attitude. Mindset. Thoughts.

1. Be _____ (v.8b)

2. Think _____ (v.8a)

A.

B.

C.

D.

E.

F.

APPLICATION QUESTIONS

1. Read **Proverbs 4:20-23; 12:5 & 15:26**. Why, as God's people, should we care so much about our minds, thoughts, and contemplations?
2. Read **Ephesians 4:17-18** and **Romans 12:2**. What are some of the notable distinctions that should be observed were we able to see the hour-by-hour thoughts of Christians and non-Christians?
3. Read **Psalms 1:1-2 & 119:15-16**. What kind of correlation have you experienced (for better or for worse) between focused time spent in God's Word and your daily thought life?
4. Read **Philippians 4:8**. Which of the six "excellent" and praiseworthy categories we looked at in the sermon was most challenging for you? Why do you think that has been difficult for you?
5. Read **Psalms 9:1**. What will you do to ensure that you remember to actually thank God for the "excellent" things you have purposed to ponder more often?